EAT THIS BREAD

Refrain

Eat this bread, drink this cup, come to me and nev-er be hun-gry.

1. I am the bread of life, the true bread sent from the Fa-ther.

2. Your an-ces-tors ate man-na in the de-sert, but this is the bread come down from hea-ven.

3. Eat my flesh and drink my blood, and I will raise you up on the last day.

4. A-ny one who eats this bread, will live for e-ver.

5. If you be-lieve and eat this bread, you will have e-ter-nal life,

BRING FORTH THE KINGDOM

Refrain

Salt for the King-dom of God! Share the fla-vor of life, O peo-ple: Life in the King-dom of God!

Light for the Cit-y of God! Shine so ho-ly and bright, O peo-ple: Shine for the King-dom of God!

Bring forth the King-dom of God! Seeds of mer-cy and love our home-land: Love is the King-dom of God!

Bound for the King-dom of God! Seeds of jus-tice, grow in the King-dom of God!

1. You are salt for the earth, O peo-ple:

2. You are a light on the hill, O peo-ple:

3. You are a seed of the Word, O peo-ple:

4. We are a blest and a pil-grim peo-ple:

Bring forth the King-dom of mer-cy, bring forth the King-dom of peace; bring forth the King-dom of jus-tice,

Bring forth the Cit-y of God!

Words and Music: Mary Haugen

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The Spirit of God be with you all.
**And also with you.**
Lift up your hearts.
**We lift them to God.**
Give thanks to our God!
**All our thanks, all our praise!**

Holy God, Holy One, Holy Three!
Before all that is,
you were God.
Outside all we know,
you are God.
After all is finished,
you will be God.

Archangels sound the trumpets,
angels teach us their song,
saints pull us into your presence.
And this is our song:

**THE GREAT THANKSGIVING**

**1.** Holy, holy, holy Lord,
God of power and might,
in the name of the Lord. Ho-san-na in the highest.

**2.** Blessed is he who comes
full of your glory. Ho-san-na in the highest.

Holy God, Holy One, Holy Three!
You beyond the galaxies,
you under the oceans,
you inside the leaves,
you pouring down rain,
you opening the flowers,
you feeding the insects,
you giving us your image,
you carrying us through the waters,
you holding us in the night,
your smile on Sarah and Abraham,
your hand with Moses and Miriam,
your words through Deborah and Isaiah,
you lived as Jesus among us,
healing, teaching, dying, rising,
inviting us all to your feast.

On the night in which he was betrayed,
Jesus took bread and gave thanks;
broke it and gave it to his disciples, saying:
“Take, eat; this is my body, given for you.
Do this for the remembrance of me.”

Again, after supper he took the cup, gave thanks,
and gave it for all to drink, saying:
“This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.”

Holy God, we remember your Son,
his life with the humble,
his death among the wretched,
his resurrection for us all:
your wisdom our guide,
your justice our strength,
your grace our path to rebirth.

And so we cry, mercy:
**mercy!**
And so we cry, glory:
**glory!**
And so we cry, blessing:
**blessing!**

Holy God, we beg for your Spirit:
enliven this bread,
awaken this body,
pour us out for each other.

Transfigure our minds,
ignite your church,
nourish the life of the earth.

Make us, while many, united,
make us, though broken, whole,
make us, despite death, alive.

And so we cry,
**come, Holy Spirit!**
And so the church shouts,
**come, Holy Spirit!**
And so the earth pleads,
**come, Holy Spirit!**

You, Holy God, Holy One, Holy Three,
our Life, our Mercy, our Might,
our Table, our Food, our Server,
our Rainbow, our Ark, our Dove,
our Sovereign, our Water, our Wine,
our Light, our Treasure, our Tree,
Our Way, our Truth, our Life.

You, Holy God, Holy One, Holy Three!
Praise now,
praise tomorrow,
praise forever.
And so we sing:

**Amen, Amen, Amen.**