When the supper was over he took the cup, gave thanks to you, gave it to his disciples, and said: “Drink this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.”

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ’s offering for us, as we proclaim the mystery of faith:

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine, Make them be for us the body and blood of Christ, that we may be for the world the body and Christ, redeemed by his blood.
By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet.
Through your Son Jesus Christ, with the Holy Spirit in your holy church, all honor and glory are yours, almighty God, now and forever.
Please be seated.

Holy are you,
and blessed is your Son Jesus Christ,
whom you sent in the fullness of time
to redeem the world.

He emptied himself,
taking the form of a servant,
being born in our likeness.

He humbled himself
and became obedient unto death,
even death on a cross.

He took upon himself our sin and death
and offered himself,
a perfect sacrifice for the sin of the whole world.

By the baptism of his suffering, death, and resurrection
you gave birth to your Church,
delivered us from slavery to sin and death,
and made with us a new covenant
by water and the Spirit.

On the night in which he gave himself up for us,
he took bread,
gave thanks to you,
broke the bread,
gave it to his disciples, and said:
“Take, eat;
this is my body which is given for you.
Do this in remembrance of me.”