



Gather & Grow

We have several ways for you to gather with others and grow closer to God. Through Sunday School classes, small groups, or other discipleship opportunities, we want to help you grow in your faith surrounded and supported by others who are growing in theirs.

AUGUST 14 AND 21, TUESDAYS

Book Study: *I'm Still Here*

6:30-7:30 p.m.

FLC Room 103

Come discuss this book by Austin Channing Brown, a powerful new voice on racial justice, an eye-opening account of growing up black, Christian, and female in middle-class white America. Register at fumcaustin.org/imstillhere.

AUGUST 26-SEPTEMBER 23, SUNDAYS

Study and Discussion of *Unafraid*

10:00-10:45 a.m.

SAN Wesley Hall

Americans are anxious people. A recent study found that one in five of us has an anxiety disorder and we spend over \$2 billion a year on anti-anxiety medications. Often our life events play a significant role in our worries and fears. Pastor Cathy Stone will lead this 5-week study of Adam Hamilton's *Unafraid: Living with Courage and Hope in Uncertain Times*. In his book, Adam Hamilton explores the most common worries and fears experienced by Americans today. He considers practical steps for overcoming these fears, and reflects upon fear in the light of Scripture and a faith that promises again and again that we do not need to live in fear. We can live with courage and hope. Register at fumcaustin.org/unafraid.

SEPTEMBER 9-OCTOBER 14, SUNDAYS

Practicing Christian Mindfulness

12:30-2:00 p.m.

SAN Room 212

Mindfulness is getting a lot of notice these days from everyone from elite athletes to business executives—and for good reason! Did you know that our Christian mothers and fathers created a rich legacy of mindfulness practices? This 6-week class led by Cindy Walter explores several of these practices. Register at fumcaustin.org/mindfulness.

SEPTEMBER 17-NOVEMBER 19, MONDAYS

Financial Peace University

6:30-8:00 p.m.

FLC Garrison Chapel

What if you knew where all of your money was going each month? What if you had an emergency fund, were debt-free, investing, and making wise spending decisions for your family's future? Sound impossible? It's not! With Dave Ramsey's Financial Peace University class, you CAN take control of your money. Freedom from debt is part of being free to follow Christ. Join Pastor Michael Mumme for this personal finance class with a faith perspective. Register at fumcaustin.org/peace.

SEPTEMBER 17-DECEMBER 3, MONDAYS

Disciple 2 Fast Track

6:30-8:00 p.m.

FLC Room 104

This 24-week study led by Pastor Cathy Stone immerses you in the books of Genesis, Exodus, Luke, and Acts. *Disciple 2* helps readers deepen their understanding of Scripture and make connections between what they already know and what they are reading. Each week you encounter three spiritual disciplines, learn what they are, and how you can engage those disciplines. Classes meet for a total of 24 weeks, 12 weeks in the fall and 12 weeks in the spring. Daily preparation is manageable, with 3-5 chapters of the Bible to read each day. The cost is \$30 for two study manuals. Register at fumcaustin.org/disciple2.

Childcare provided with RSVP to childcare@fumcaustin.org, 48 hours in advance.

For more information about discipleship opportunities, contact Pastor Cathy Stone at cathy@fumcaustin.org or 512-478-5684 (ext. 215).

AUGUST 19, NEXT SUNDAY

BACK-TO-SCHOOL BLESSING

9:00 and 11:00 a.m. Sanctuary

All students, teachers, and administrators receive a blessing and a gift as a tangible reminder of God's and our congregation's love and support. Bring your backpack or any personal item to be blessed as well.

MANNA BAG SALE

9:30-11:00 a.m. Sidewalk

Our 4th and 5th graders show the love of Christ to those in need through the making and selling of Manna Bags. You can purchase a bag for \$5, with proceeds going to purchase more supplies.

NEW SIXTH GRADERS PARADE

9:45 a.m. Sanctuary Front Steps

Everyone is invited to cheer the class of 2025 as they move from our children's ministry all the way across the street to our youth ministry. Meet on the front steps at 9:45 a.m. (or directly following 9:00 a.m. worship).

"BOLDER THAN TEXAS" INFORMATION SESSION

10:00 a.m. SAN Wesley Hall

Wondering about this Bolder Than the State of Texas Project? What is this business about community autobiography? Come learn about the project that will record our past and present, as well as our hopes for the future. We will discuss the project's scope, answer questions, and offer practical advice and how-to's for generating and recording the stories of our living faith. For more information, visit fumcaustin.org/bolder-than-texas or contact Amy Wink and Caroline Jones at bolderthantexas@gmail.com.

MOVIN' UP SUNDAY SCHOOL

10:00 a.m. New Classrooms

We highly encourage parents to accompany their children to their new classrooms so they can meet their child's teachers as well as other families. Look for room locations in parent email or on our website.

SUMMER BOOK CLUB CONVERSATIONS

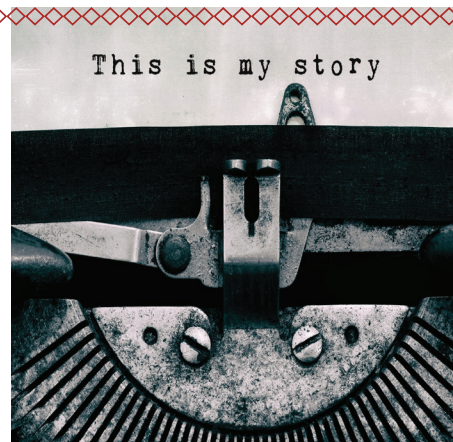
10:00 a.m. EDU Murchison Chapel

Let's talk about books! Join with others who read a book, or books, from our summer reading list. We would love to know who will attend as we plan our conversation. Register today at fumcaustin.org/summerbookclub to let us know which book(s) you read. Want to read this week? The list is on our website!

CHILDREN'S CHOIR REHEARSAL

12:15-1:00 p.m. SAN Wesley Hall

If your child, ages Kindergarten-5th grade, is ready to have fun learning music, leading in worship, and performing a musical this school year, then our Children's Choir is a great place to be! Meet Director Roxie Garza at the Back-to-School Pool Party on August 12 or on the first day of practice. To register or for more information, contact Roxie at roxie@fumcaustin.org.



Each of us has a story, an experience that has helped us understand God and ourselves through joy, connection, hurt, and hope. When we tell our stories, we find that they intertwine with God's story and the stories of others.

Beginning August 19, we will hear from an FUMC member during worship and then we will reflect through prayer, scripture, song, and sermon.

Join us as we delve into the stories of FUMC and find that our own lives are wrapped in the story of God.

August 19

"I walked away from God..."
Jim Bowen

August 26

"They raised me in faith..."
Debbie Shaw, Leslie Ivey, and Peyton Ivey

September 9

"When I told them the truth, they kicked me out of the church..."
Albert Garcia

September 16

"I'm terrified, but I'm answering a call..."
Daviss King